# 2025 Summary of Benefits

#### BLUEADVANTAGE FREEDOM (PPO)SM

A Medicare Advantage plan that does not include Medicare Part D prescription drug coverage.



### Freedom

BlueAdvantage (PPO)<sup>sм</sup>



#### **SUMMARY OF BENEFITS**

#### BlueAdvantage Freedom

# MONTHLY PREMIUM, DEDUCTIBLE, AND LIMITS ON HOW MUCH YOU PAY FOR COVERED SERVICES

COVERED SERVICES		
Monthly Plan Premium	<b>\$0</b> per month. You must continue to pay your Medicare Part B premium.	
Part B Premium Reduction	This plan can reduce your monthly Part B premium by \$40 per month.	
Deductible	Medical Deductible: No Deductible	
Maximum Out-of-Pocket Responsibility	Your yearly limit(s) in this plan:  • \$3,200 for services you receive from in-network providers.  • \$5,750 for services you receive from in and out-of-network providers combined.  If you reach the limit on out-of-pocket costs, you keep getting covered hospital and medical services, and we will pay the full cost for the rest of the year.	

#### **COVERED MEDICAL AND HOSPITAL BENEFITS**

Our plan covers a maximum of 190 days in a psychiatric hospital in a lifetime. The 190-day limit does not apply to mental health services provided in a psychiatric unit of a

general hospital.

	Inpatient Hospital and Inpatient	<u>In-Network:</u>
Services in a Psychiatric Hospital		Days 1-5: \$175 copay per day
		Additional days: \$0 copay per day
	Prior authorization is required.	Out-of-Network:  Days 1-5: \$225 copay per day
	Our plan covers an unlimited number of days for an inpatient hospital stay.	Additional days: \$0 copay per day

HEALTH BENEFITS  BlueAdvantage Freedom				
Outpatient Surgical Services				
Prior authorization may be required.	<u>In-Network:</u>	Out-of-Network:		
Ambulatory Surgical Center:	<b>\$125</b> copay	50% of the Medicare-allowed amount		
Outpatient hospital facility:	<b>\$175</b> copay	<b>\$225</b> copay		
<b>Doctor Visits</b>	In-Network:	Out-of-Network:		
Primary Care Provider visit:	\$0 copay	<b>\$10</b> copay		
Specialist visit:	<b>\$25</b> copay	<b>\$30</b> copay		
<ul> <li>Our plan covers many preventive services, for example:</li> <li>Bone mass measurements (bone density)</li> <li>Cardiovascular disease screenings</li> <li>Cervical &amp; vaginal cancer screening</li> <li>Colorectal cancer screenings</li> <li>Diabetes screenings</li> <li>Glaucoma tests</li> <li>Mammograms (screening)</li> <li>Prostate cancer screenings</li> <li>Vaccines: <ul> <li>COVID-19</li> <li>Flu</li> <li>Hepatitis B</li> <li>Pneumococcal</li> </ul> </li> <li>Any additional preventive services approved by Medicare during the contract year will be covered.</li> </ul>	In-Network: \$0 copay enings Out-of-Network: 50% of the Medicare-allowed amount			

HEALTH BENEFITS	
Emergency Care	BlueAdvantage Freedom  Domestic:
Emergency care	\$140 copay per visit
	Worldwide:
	\$60 copay per visit
	Copay is waived if you are admitted to the hospital within 24 hours for the same condition. All emergency care is considered in-network.
Urgently Needed Services	Domestic:
	\$25 copay per visit
	Worldwide:
	\$60 copay per visit
	Copay is waived if you are admitted to the hospital within 24 hours for the same condition. All urgently needed care is considered in-network.
Diagnostic Services/ Labs/	In-Network:
Imaging	Diagnostic tests and procedures:
	\$0 copay at a Primary Care Provider's office \$25 copay at a Specialist's office
Prior authorization may be required.	\$25 copay at a Free-Standing Facility \$35 copay at an Outpatient Hospital
required.	Lab services:
	<b>\$0</b> copay at a Primary Care Provider's office
	\$0 copay at a Specialist's office \$0 copay at a Free-Standing Facility
	\$30 copay at an Outpatient Hospital
	X-rays: \$0 copay at a Primary Care Provider's office
	\$25 copay at a Specialist's office
	\$25 copay at a Free-Standing Facility \$35 copay at an Outpatient Hospital
	Coumadin Services:
	\$0 copay at a Primary Care Provider's office \$0 copay at a Specialist's office
	\$0 copay at a Free-Standing Facility \$10 copay at an Outpatient Hospital
	910 copay at an Outpatient Hospital
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HEALTH BENEFITS	BlueAdvantage Freedom	
	In-Network:	
	Sleep Studies: \$0 copay for in-home \$30 copay at an Outpatient Facility	
	Therapeutic Radiology Services: \$50 copay	
	Advanced Imaging (such as MRI, CT scans): \$110 copay	
	Out-of-Network: 50% of the Medicare-allowed am	nount
Hearing Services	<u>In-Network:</u>	Out-of-Network:
Cost-sharing for hearing aids does not count toward the maximum out-of-pocket amount.	Medicare-covered exam to diagnose and treat hearing and balance issues: \$10 copay	Medicare-covered exam to diagnose and treat hearing and balance issues: \$10 copay
	Routine hearing exam:	Routine hearing exam:
	(1 per year): <b>\$0</b> copay at TruHearing <sup>®</sup> provider	Not covered
	Hearing Aids:	Hearing Aids:
	\$199 (Standard) copay \$399 (Advanced) copay \$699 (Premium) copay	Not covered
	Copay depending on model. Limited to one per ear per year. Benefit is limited to TruHearing Standard, Advanced and Premium hearing aids, which come in various styles and colors.	
	You must see a TruHearing provider to use this benefit.	

HEALTH BENEFITS	BlueAdvantage Freedom	
Dental Services  Our plan includes Medicare- covered and supplemental dental, such as preventive, restorative and specialty services.	Our plan pays a \$2,500 annual allowance for all of the covered dental services listed below.  In-Network: Medicare-covered: \$25 copay	Our plan pays a \$2,500 annual allowance for all of the covered denta services listed below.  Out-of-Network:  Medicare-covered: 50% of the Medicare-allowed amount
Comprehensive and preventive dental benefits do not count toward the maximum out-of-pocket amount.	Preventive services: \$0 copay until annual allowance is reached.	Preventive services: 50% of the Plan-allowed amount until annual allowance is reached
(Service limits and other restrictions may apply to the comprehensive dental benefits.)	Restorative services: 20% of the Plan-allowed amount until annual allowance is reached.	Restorative services: 50% of the Plan-allowed amount until annual allowance is reached.
comprehensive demar ochemis.	Specialty services: \$0 copay until annual allowance is reached.	Specialty services: 50% of billed charges until annual allowance is reached.
	You pay 100% of charges beyond the \$2,500 annual allowance, for non-covered services or if you exceed a service limit.	You pay 100% of charges beyond th \$2,500 annual allowance, for non-covered services or if you exceed a service limit.
	In and Out of Nativaria	
Members are encouraged to use the defined vision care network to obtain routine eye exam and	In- and Out-of-Network:  Medicare-covered exam to diagnose and treat diseases and condition of the eye:  \$0 copay	
Routine eye exam and eyewear copays and coinsurance do not	Routine eye exam (1 per year): \$0 copay  Eyeglasses or contact lenses after cataract surgery:	
apply to the maximum out-of-pocket.	\$0 copay  Contact lenses and eyeglasses (frames and lenses):	
	\$0 copay through the allowance	
	Our plan pays a maximum of \$225 every year for eyewear.  For example: If your total cost for eyewear is \$350, your plan will pay \$225 and you will pay \$125	

**\$225** and you will pay **\$125**.

	Rlue Advantage Freedom				
	BlueAdvantage Freedom				
Mental Health Services					
Prior authorization is required.					
• Individual therapy visit:	-Network:	Out-of-Network:			
	25 copay	50% of the Medicare -allowed amount			
• Outpatient group therapy visit:	5 copay	50% of the Medicare-allowed amount			
Skilled Nursing Facility (SNF) In-	-Network:				
Da	ays 1-20: <b>\$0</b> copay per day				
Prior authorization is required.	ays 21-100: <b>\$214</b> copay per day				
<u>Ou</u>	ut-of-Network:				
509	% of the Medicare-allowed am	ount per stay			
100 you eac you SN has	The amounts above apply per benefit period. Our plan covers up to 100 days in a SNF per benefit period. A benefit period begins the day you go into a SNF. The benefit period will accumulate one day for each day you are inpatient at a SNF. The benefit period ends when you haven't received any inpatient hospital care or skilled care in a SNF for 60 days in a row. If you go into a SNF after one benefit period has ended, a new benefit period begins. There is no limit to the number of benefit periods.				
Outpatient Rehabilitation (Physical Therapy)					
Prior authorization is required.					
Compational thorapy visits	-Network:	Out-of-Network:			
• Occupational therapy visit: \$25	25 copay	50% of the Medicare-allowed amount			
• Physical therapy visit: \$25	25 copay	50% of the Medicare-allowed amount			
• Speech and language therapy visit:	\$25 copay 50% of the Medicare-allowed				

HEALTH BENEFITS				
BlueAdvantage Freedom				
Ambulance	<b>Domestic:</b>			
Prior authorization is required for	Ground Ambulance: \$250 copay	per one-way trip		
all nonemergency ambulance transport.	Air Ambulance: 20% of the Medicare-allowed amount per one-way trip			
	Worldwide:			
	Ground Ambulance: \$250 copay	per one-way trip		
	Air Ambulance: 20% of the plan-	-allowed amount per one-way trip		
Transportation	Not covered			
Medicare Part B Drugs				
Prior authorization may be required.	<u>In-Network:</u>	Out-of-Network:		
• Part B chemotherapy drugs:	20% of the Plan-allowed amount	50% of the Medicare-allowed amount		
• Other Part B drugs:	20% of the Plan-allowed amount	<b>50%</b> of the Medicare-allowed amount		
• Part B insulin:	20% of the Plan-allowed amount, with a \$35 maximum copay for a one-month supply of each covered insulin product.	20% of the Plan-allowed amount, with a \$35 maximum copay for a one-month supply of each covered insulin product.		

ADDITIONAL HEALTH BENEFITS				
24/7 Nurseline	In-Network:  \$0 copay	Out-of-Network: Not covered		
Acupuncture	In-Network:	Out-of-Network:		
Prior authorization is required.	<b>\$20</b> copay	50% of the Medicare-allowed amount		
Chiropractic Care	<u>In-Network</u> :	Out-of-Network:		
Manual manipulation of the spine to correct a subluxation (when 1 or more of the bones of your spine move out of position).	<b>\$20</b> copay	50% of the Medicare-allowed amount		
Prior authorization is required.				
Diabetic Supplies and Services				
Prior authorization may be required. Diabetic supplies are only available through a Durable Medical Equipment provider.	<u>In-Network:</u>	Out-of-Network:		
Diabetes self-management training	\$0 copay	20% of the Medicare-allowed amount		
Diabetes monitoring supplies	Preferred: \$0 copay Non-Preferred: 20% of the planallowed amount	50% of the Medicare-allowed amount		
• Therapeutic shoes/inserts	<b>\$10</b> copay	<b>50%</b> of the Medicare-allowed amount		
Home Health Care	<u>In-Network:</u>	Out-of-Network:		
Prior Authorization is required.	\$0 copay	<b>50%</b> of the Medicare-allowed amount		

ADDITIONAL HEALTH BENEFITS				
Meal Benefit	<u>In-Network:</u>	Out-of-Network:		
Must use designated vendor.	\$0 copay meal benefit includes 14 meals following an acute inpatient stay, SNF discharge, or observation stay to a home setting. There is not a limit to the number of discharges for meals,	Not covered		
Medical Equipment/Supplies				
Prior authorization is required.	<u>In-Network:</u>	Out-of-Network:		
Durable Medical Equipment:	20% of the Plan-allowed amount	50% of the Medicare-allowed amount		
• Prosthetics:	20% of the Plan-allowed amount	50% of the Medicare-allowed amount		
Outpatient Cardiac and Pulmonary Rehabilitation				
Prior authorization is required	<u>In-Network:</u>	Out-of-Network:		
• Cardiac (heart) rehab services:	\$0 copay	50% of the Medicare-allowed amount		
• Pulmonary (lung) rehab services:	\$15 copay	50% of the Medicare-allowed amount		
Over-the-Counter (OTC) items	<u>In-Network:</u>	Out-of-Network:		
	The plan pays \$100 per quarter (no roll-over) for certain OTC items such as vitamins, cough/cold/allergy medicines, dental products and skin care items.  Must use designated vendor.	Not covered		

ADDITIONAL HEALTH BENEFITS			
Renal Dialysis	In-Network: 20% of the Plan-allowed amount	Out-of-Network: 20% of the Medicare-allowed amount	
Fitness Program  This plan includes a free standard fitness center membership, tools and online resources.	In-Network: You pay nothing.	Out-of-Network: Not covered	

For more details, refer to the Evidence of Coverage (EOC) online at bcbstmedicare.com/documents.

#### DISCLAIMERS

This is a summary of drugs and health services covered by BlueAdvantage Preferred Provider Organization (PPO) Freedom health plans January 1, 2025 through December 31, 2025.

BlueAdvantage Freedom is a PPO plan with a Medicare contract. Enrollment in BlueAdvantage Freedom depends on contract renewal.

The benefit information provided is a summary of what we cover and what you pay. It does not list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, go to **bcbstmedicare.com** or call us and ask for the "**Evidence of Coverage**."

To join BlueAdvantage Freedom, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, and you must live in our service area. Our service area includes all Tennessee counties and Catoosa, Dade and Walker Counties in Northern Georgia.

#### This plan does not include Part D drug coverage.

This document is available in other alternate formats.

Out-of-network/non-contracted providers are under no obligation to treat BlueCross BlueShield of Tennessee members, except in emergency situations. Please call Member Service or see the "Evidence of Coverage" for more information, including the cost-sharing that applies to out-of-network services.

If you have any questions about this plan's benefits or costs, please contact BlueCross BlueShield of Tennessee.



## Pre-Enrollment Checklist



Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call and speak to our representative at **1-800-292-5146**, TTY **711**.

#### Understanding the Benefits

- ☐ The Evidence of Coverage (EOC) provides a complete list of all coverage and services. It is important to review plan coverage, costs, and benefits before you enroll. Visit bcbstmedicare.com or call 1-800-292-5146, TTY 711, to view a copy of the EOC.
- □ Review the provider directory (or ask your doctor) to make sure the doctors you see now are in the network. If they are not listed, it means you will likely have to select a new doctor.

#### **Understanding Important Rules**

- ☐ You must continue to pay your Medicare Part B premium. This premium is normally taken out of your Social Security check each month.
- ☐ Benefits, premiums and/or copayments/ coinsurance may change on January 1, 2026.
- ☐ Our plan allows you to see providers outside of our network (non-contracted providers). However, while we will pay for covered services, the provider must agree to treat you. Except in an emergency or urgent situation, non-contracted providers may deny care. In addition, you will pay a higher copay for services received by non-contracted providers.
- ☐ Effect on Current Coverage: If you are currently enrolled in a Medicare Advantage plan, your current Medicare Advantage healthcare coverage will end once your new Medicare Advantage coverage starts. If you have Tricare, your coverage may be affected once your new Medicare Advantage coverage starts. Please contact Tricare for more information. If you have a Medigap plan, once your Medicare Advantage coverage starts, you may want to drop your Medigap policy because you will be paying for coverage you cannot use.



#### **Nondiscrimination Notice**

BlueCross BlueShield of Tennessee (BlueCross), including its subsidiaries SecurityCare of Tennessee, Inc. and Volunteer State Health Plan, Inc. also doing business as BlueCare Tennessee, complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex. BlueCross does not exclude people or treat them less favorably because of race, color, national origin, age, disability or sex.

#### BlueCross:

Provides people with disabilities reasonable modifications and free appropriate auxiliary aids and services to communicate effectively with us, such as: (1) qualified sign language interpreters and (2) written information in other formats, such as large print, audio and accessible electronic formats.

Provides free language assistance services to people whose primary language is not English, such as: (1) qualified interpreters and (2) information written in other languages.

If you need these reasonable modifications, appropriate auxiliary aids and services, or language assistance services, contact Member Service at the number on the back of your Member ID card or call **1-800-831-2583**, TTY **711**. From **Oct. 1 to March 31**, you can call us 7 days a week from 8 a.m. to 9 p.m. ET. From **April 1 to Sept. 30**, you can call us Monday through Friday from 8 a.m. to 9 p.m. ET. Our automated phone system may answer your call outside of these hours and during holidays.

If you believe that BlueCross has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, you can file a grievance ("Nondiscrimination Grievance"). For help with preparing and submitting your Nondiscrimination Grievance, contact Member Service at the number on the back of your Member ID card or call **1-800-831-2583**, TTY **711**. They can provide you with the appropriate form to use in submitting a Nondiscrimination Grievance. You can file a Nondiscrimination Grievance in person or by mail, fax or email. Address your Nondiscrimination Grievance to: Nondiscrimination Grievance; c/o Manager, Operations, Member Benefits Administration; 1 Cameron Hill Circle, Suite 0019, Chattanooga, TN 37402-0019; (423) 591-9208 (fax); Nondiscrimination\_OfficeGM@bcbst.com (email).

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 1-800-537-7697 (TDD), 8:30 a.m. to 8 p.m. ET. Complaint forms are available at hhs.gov/ocr/office/file/index.html.

You can contact BlueCross's Nondiscrimination Coordinator at 423-535-1010 (phone), Nondiscrimination\_CoordinatorGM@bcbst.com (email), or Corporate Compliance, 1 Cameron Hill Circle, 1.4, Chattanooga, TN 37402.

This notice is available at BlueCross's website: bcbst.com.

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#### **Multi-language Interpreter Services**

**English:** We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at 1-800-831-2583, TTY 711. Someone who speaks English/Language can help you. This is a free service.

**Spanish:** Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al 1-800-831-2583, TTY 711. Alguien que hable español le podrá ayudar. Este es un servicio gratuito.

Chinese Mandarin: 我们提供免费的翻译服务,帮助您解答关于健康或药物保险的任何疑问。如果您需要此翻译服务,请致电1-800-831-2583, TTY 711。我们的中文工作人员很乐意帮助您。 这是一项免费服务。

Chinese Cantonese: 您對我們的健康或藥物保險可能存有疑問,為此我們提供免費的翻譯 服務。如需翻譯服務,請致電 1-800-831-2583, TTY 711。我們講中文的人員將樂意為您提供幫助。這 是一項免費服務。

**Tagalog:** Mayroon kaming libreng serbisyo sa pagsasaling-wika upang masagot ang anumang mga katanungan ninyo hinggil sa aming planong pangkalusugan o panggamot. Upang makakuha ng tagasaling-wika, tawagan lamang kami sa 1-800-831-2583, TTY 711. Maaari kayong tulungan ng isang nakakapagsalita ng Tagalog. Ito ay libreng serbisyo.

**French:** Nous proposons des services gratuits d'interprétation pour répondre à toutes vos questions relatives à notre régime de santé ou d'assurance-médicaments. Pour accéder au service d'interprétation, il vous suffit de nous appeler au 1-800-831-2583, TTY 711. Un interlocuteur parlant Français pourra vous aider. Ce service est gratuit.

**Vietnamese:** Chúng tôi có dịch vụ thông dịch miễn phí để trả lời các câu hỏi về chương sức khỏe và chương trình thuốc men. Nếu quí vị cần thông dịch viên xin gọi 1-800-831-2583, TTY 711 sẽ có nhân viên nói tiếng Việt giúp đỡ quí vị. Đây là dịch vụ miễn phí.

**German:** Unser kostenloser Dolmetscherservice beantwortet Ihren Fragen zu unserem Gesundheits- und Arzneimittelplan. Unsere Dolmetscher erreichen Sie unter 1-800-831-2583, TTY 711. Man wird Ihnen dort auf Deutsch weiterhelfen. Dieser Service ist kostenlos.

**Korean:** 당사는 의료 보험 또는 약품 보험에 관한 질문에 답해 드리고자 무료 통역 서비스를 제공하고 있습니다. 통역 서비스를 이용하려면 전화 1-800-831-2583, TTY 711 번으로 문의해 주십시오. 한국어를 하는 담당자가 도와 드릴 것입니다. 이 서비스는 무료로 운영됩니다.

**Russian:** Если у вас возникнут вопросы относительно страхового или медикаментного плана, вы можете воспользоваться нашими бесплатными услугами переводчиков. Чтобы воспользоваться услугами переводчика, позвоните нам по телефону 1-800-831-2583, TTY 711. Вам окажет помощь сотрудник, который говорит по-русски. Данная услуга бесплатная.

Arabic:

Hindi: हमारे स्वास्थ्य या दवा की योजना के बारे में आपके किसी भी प्रश्न के जवाब देने के लिए हमारे पास मुफ्त दुभाषिया सेवाएँ उपलब्ध हैं. एक दुभाषिया प्राप्त करने के लिए, बस हमें 1-800-831-2583, TTY 711 पर फोन करें. कोई व्यक्ति जो हिन्दी बोलता है आपकी मदद कर सकता है. यह एक मुफ्त सेवा है.

**Italian:** È disponibile un servizio di interpretariato gratuito per rispondere a eventuali domande sul nostro piano sanitario e farmaceutico. Per un interprete, contattare il numero 1-800-831-2583, TTY 711. Un nostro incaricato che parla Italianovi fornirà l'assistenza necessaria. È un servizio gratuito.

**Portugués:** Dispomos de serviços de interpretação gratuitos para responder a qualquer questão que tenha acerca do nosso plano de saúde ou de medicação. Para obter um intérprete, contacte-nos através do número 1-800-831-2583, TTY 711. Irá encontrar alguém que fale o idioma Português para o ajudar. Este serviço é gratuito.

**French Creole:** Nou genyen sèvis entèprèt gratis pou reponn tout kesyon ou ta genyen konsènan plan medikal oswa dwòg nou an. Pou jwenn yon entèprèt, jis rele nou nan 1-800-831-2583, TTY 711. Yon moun ki pale Kreyòl kapab ede w. Sa a se yon sèvis ki gratis.

**Polish:** Umożliwiamy bezpłatne skorzystanie z usług tłumacza ustnego, który pomoże w uzyskaniu odpowiedzi na temat planu zdrowotnego lub dawkowania leków. Aby skorzystać z pomocy tłumacza znającego język polski, należy zadzwonić pod numer 1-800-831-2583, TTY 711. Ta usługa jest bezpłatna.

Japanese: 当社の健康 健康保険と薬品 処方薬プランに関するご質問にお答えするため に、無料の通訳サービスがありますございます。通訳をご用命になるには、1-800-831-2583, TTY 711 にお電話ください。日本語を話す人 者 が支援いたします。これは無料のサービスです。

# We're right here when you need us.



bcbstmedicare.com



If you're a member, call toll-free **1-800-831-2583** TTY **711**.

If you're not a member, call toll-free **1-800-292-5146** TTY **711**.

**OCT. 1 TO MARCH 31**, SEVEN DAYS A WEEK FROM 8 A.M. TO 9 P.M. ET. FROM **APRIL 1 TO SEPT. 30**, M-F FROM 8 A.M. TO 9 P.M. ET.





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